

## 1.5 MILE RUN MALES



%	20-29	30-39	40-49	50-59
99	8:22	8:49	9:02	9:31
95	9:10	9:31	9:47	10:27
90	9:34	9:52	10:09	11:09
85	9:52	10:14	10:44	11:45
80	10:08	10:38	11:09	12:08
75	10:34	10:59	11:32	12:37
70	10:49	11:09	11:52	12:53
65	11:09	11:34	11:58	13:25
60	11:27	11:49	12:25	13:53
55	11:34	11:58	12:53	13:58
50	11:58	12:25	13:05	14:33
45	12:11	12:44	13:25	14:35
40	12:29	12:53	13:50	15:14
35	12:53	13:25	14:10	15:53
30	13:08	13:48	14:33	16:16
25	13:25	14:10	15:00	16:46
20	13:58	14:33	15:32	17:30
15	14:33	15:14	16:09	18:22
10	15:14	15:56	17:04	19:24
5	16:46	17:30	18:39	21:40
1	20:55	20:55	22:22	27:08

## 1.5 MILE RUN FEMALES

%	20-29	30-39	40-49	50-59
99	9:23	9:52	10:09	11:34
95	10:20	11:08	11:35	13:16
90	10:59	11:43	12:25	13:58
85	11:34	12:23	13:14	14:33
80	11:56	12:53	13:38	15:14
75	12:07	13:08	13:58	15:47
70	12:51	13:41	14:33	16:26
65	13:01	13:58	15:03	16:46
60	13:25	14:33	15:17	17:19
55	13:58	14:33	15:56	17:38
50	14:15	15:14	16:13	18:05
45	14:33	15:35	16:46	18:39
40	15:05	15:56	17:11	19:10
35	15:32	16:43	17:38	19:43
30	15:56	16:46	18:26	20:17
25	16:43	17:38	18:39	20:55
20	17:11	18:18	19:43	21:57
15	17:53	19:01	20:49	22:53
10	18:39	20:13	21:52	23:55
5	21:05	21:57	23:27	26:15
1	25:17	25:10	27:55	30:34